



Frequently Asked Questions

Q: Why is the race being moved from Martinsville Speedway to Smith River Sports Complex?

A: Issues related to COVID-19 resulted in the Speedway not being available for our race.

Q: When is the Smith River Mile?

A: Same date – August 15, 2020. New time – 7:00 PM.

Q: What will the course be like?

A: The course will consist of one lap around soccer fields on concrete foot paths and asphalt surfaces. The course is basically flat.

Q: Will there be special procedures in place regarding the COVID-19 pandemic?

A: With the State of Virginia moving to Phase 3, the following procedures will be in place for the running of the Smith River Mile.

- **All race registrants will be required to sign a separate COVID-19 questionnaire, fact sheet and waiver form. That form will be available at packet pick-up and at in-person registration. A**

signed form will be required to pick up runner packet containing bib and official race shirt.

- **Social distancing of 6 feet or more will be practiced, for packet pickup, race day registration, at the starting line, during the race, and with all post-race activities.**
- **Race volunteers will be wearing masks and refreshments/water stop personnel will be wearing gloves. Masks are also requested for participants in all post-race activities.**
- **Runners are strongly encouraged to register online and those choosing to register in-person on race morning are requested to wear face masks.**
- **Wearing masks for your warmup, and during the race, is not required by Phase 3 requirements, as they may make breathing and heat dissipation more difficult during the run.**

Q: How will race heats be determined?

A: Race Heats will begin at 7:00 PM with each Heat to follow approximately 15 minutes apart.

- **Runners will be assigned to specific event based on estimated finish time. Social distancing measures will be in effect at starting line and during running of each event. To facilitate proper social distancing, we will limit each heat to 30 runners. The planned Heats are shown below based on your predicted finish time.**
- **Please note that these guidelines are subject to change based on numbers of registrants. Information on your assigned heat will be emailed prior to race day and will be available at check-in table on race day. All Heat assignments will be determined by Race Director.**
- **7:00 PM - Heat #1 - Competition Mile – For any runner with predicted time of 6:30 or faster.**
- **7:15 PM - Heat #2 – Runner’s Mile Section A - Runners with predicted times of 6:31 - 7:30.**
- **7:30 PM - Heat #3 – Runner’s Mile Section B - Runners with predicted times of 7:31 – 9:00.**

- **7:45 PM - Heat #4 – Runner's Mile Section C - Runners and walkers with predicted times of 9:01 and higher.**
- **To enhance social distancing, and to avoid congestion, only the runners for that heat will be allowed in the starting area for the respective heats. Do not congregate in the start area until your Heat is called to prepare for the start.**

Q: How will post race activities such as refreshments and awards be handled?

A: Liquid refreshments will be available following each heat. No food will be served due to COVID issues. Awards announcements will follow the completion of all Heats. Awards will not be presented in person but will be mailed following the event.

Are spectators allowed at the event? Spectators are welcome and are requested to maintain proper social distancing of 6 feet or more and to wear face masks. Spectator areas will be defined and communicated prior to and on race day.

Q: How do I register for the Smith River Mile?

A: ONLINE REGISTRATION IS REQUIRED. Due to COVID-19 considerations, no in person paper registrations will be accepted.

Q: When and where do runners pick up their race packet with bib and shirt?

A: Packet pick up will be available at the Martinsville YMCA from Noon – 6:00 PM on Friday, August 14. Also, from 5:30 PM – 6:30 PM on Saturday, August 15 at the Smith River Sports Complex at 1000 Irisburg Rd, Axton, VA 24054.

Additional questions may be addressed to Brad Kinkema, Race Director at brad@martinsvilleymca.com or to Joe Philpott at braverunner67@gmail.com.