

**8<sup>TH</sup> ANNUAL**

# MARTINSVILLE BULLETIN

## HALF MARATHON & 5K

**8:00 AM – MARCH 24, 2018**

### TRAINING TEAMS FORMING NOW

HALF MARATHON TRAINING BEGINS JANUARY 13

5K TRAINING BEGINS FEBRUARY 10

**ONLY \$10**

TRAINING SHIRT

WEEKLY TOPICS

TRAINING SCHEDULE

GROUP RUNS

PLENTY OF SUPPORT AND ENCOURAGEMENT

AGES 12 AND OLDER

**NEVER RUN A 5K OR HALF MARATHON?**

**THAT'S OK!**

**WE BELIEVE IN YOU AND KNOW YOU CAN DO IT!**

**PREPARE TO BE INSPIRED – PREPARE TO BE INSPIRING**

FOR MORE INFORMATION VISIT

[www.milesinmartinsville.com/races/martinsville-half-marathon](http://www.milesinmartinsville.com/races/martinsville-half-marathon)

TITLE SPONSORS



**MARTINSVILLE BULLETIN**



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