

||||| MILES IN |||||
MARTINSVILLE
 2014 CHALLENGE SERIES

REGISTRATION:

First Name: _____

Last Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Date of Birth: _____ Gender: _____

Phone: _____

Email: _____

Encouraged to enter by: _____

Waiver: *In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assign, all claims of any nature arising from my participation in the Miles in Martinsville Challenge Series, and do hereby release Activate MHC, the Martinsville-Henry County Family YMCA, all sponsors, adjacent property owners, workers, officials, and volunteers from any claim what so ever arising from my participation in this event. I agree to abide by all the rules for participation, and acknowledge that the race committee may refuse or return my entry at its' discretion. I further grant permission to Activate MHC to use any photographs, motions pictures, or other recording of the event for legitimate purposes. In Addition, I understand the races will be held rain or shine and there are no refunds. I verify that I have full knowledge of the risks involved in each event and I am physically fit and sufficiently trained to participant in the events.*

Signature: _____

Date: _____

Parent's Signature (required of entrants under 18): _____

Date: _____

Emergency Contact: _____

Phone: _____



Martinsville Half Marathon, 5K & Relay

||||| MILES IN |||||
MARTINSVILLE

Supporting Outreach Programs of the YMCA and Activate MHC

2014 CHALLENGE SERIES

2014 CALENDAR SIGN UP TODAY!

- Saturday, March 22, 2014
Martinsville Half Marathon, 5K & Relay
- Saturday, April 12, 2014
Girls on the Run 5K, 8K and Spring Celebration
- Sunday, May 25, 2014
Tuff Strutter 5K Trail Run at Rooster Walk
- Saturday, August 9, 2014
Helgramite Hustle 5K Mud Run at Smith River Fest
- Friday, September 5, 2014
Harvest Moon Run 10K and Dancing on Depot
- Thursday, November 27, 2014
Turkey Day 5K and Family Fun Run
- Saturday, December 13, 2014
Girls on the Run 5K, 8K and Fall Celebration

PRESENTED BY:



3 Starling Avenue
 Martinsville, VA 24112

276-632-6427
 276-632-1772

For more info or to register on-line, visit:
www.MilesinMartinsville.com



Helgramite Hustle Mud Run

Checks should be made payable to the YMCA.
 Registrations may be turned in at the Martinsville YMCA
 or mailed to:
Martinsville YMCA
 3 Starling Avenue
 Martinsville, VA 24112



Turkey Day 5K & Family Fun Run

COST AND BENEFITS

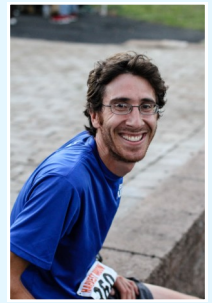
- A mere \$10 registers you for the Challenge Series!
- Miles in Martinsville Bistro Mug to fill with your favorite pre and post race beverages.
- Miles in Martinsville Tech Socks to keep your feet happy and blister free.
- Join the on-line point system and be eligible to win great prizes throughout the year.



Helgramite Hustle Mud Run

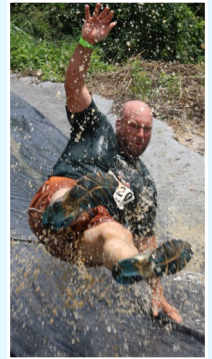
POINTS AND AWARDS

- Series points will be awarded based on your finishing place in each event.
- Awards and points will be given for the top three overall participants (5 points each) and top three in each five year age group (3 points each).
- Register for each event and receive 3 points, half marathon is worth 6 points.
- Random bonus points will be available for special events such as Tour de Scholar, Great Goblin Gallop and others. Just follow the website, Facebook page or Twitter feed.



ELSTER DETERMINATION AWARD

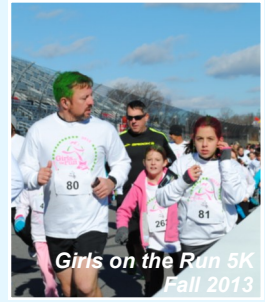
Share your personal story of perseverance, or that of a friend, as a part of the Elster Determination Award recognition. When diagnosed with cancer, Doug Goldstein vowed to define his life not only as a survivor but as a runner. Read Doug's story and others on the Miles in Martinsville website. Look for stories of inspiration in your community and share them to motivate others.



Harvest Moon Run 10K



Girls on the Run 5K Spring 2013



Girls on the Run 5K Fall 2013



Tuff Strutter 5K Trail Run

HOW TO PARTICIPATE

Option A:

Use the attached registration form or come to the Y and sign-up today!

Option B:

Visit www.MilesinMartinsville.com and follow the link to register.

Bonus Points:

Get your family, friends, and co-workers to register. Receive 2 bonus points for everyone you get to sign-up for the point system.

VOLUNTEER!

Be a spectator and part of the action at the same time! Find your perfect mission -- go to the Miles in Martinsville website and click on



VOLUNTEER