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|--|---|---|
| <input type="checkbox"/> Start @ Museum of Natural History | <input type="checkbox"/> Turnaround at Mulberry Creek | <input type="checkbox"/> Left at the Picnic Table, Cross Parking Area |
| <input type="checkbox"/> Left on Mulberry Road | <input type="checkbox"/> Left on Spur Trail | <input type="checkbox"/> Left on Franklin |
| <input type="checkbox"/> Left on Oakdale Street | <input type="checkbox"/> Left at the Picnic Table, Cross Parking Area | <input type="checkbox"/> Continue on Walnut Street |
| <input type="checkbox"/> Left on East Church Street | <input type="checkbox"/> Left on Franklin | <input type="checkbox"/> Left on East Church Street |
| <input type="checkbox"/> Right on Moss Street | <input type="checkbox"/> Left on Depot | <input type="checkbox"/> Right on Oakdale Street |
| <input type="checkbox"/> Right on East Main Street | <input type="checkbox"/> Merge into Spur Trail | <input type="checkbox"/> Right on Mulberry Road |
| <input type="checkbox"/> Left on Ford Street | <input type="checkbox"/> Right on Dick & Willie Trail | <input type="checkbox"/> Right on Starling Avenue |
| <input type="checkbox"/> Right on Spur Trail | <input type="checkbox"/> Turnaround at Mulberry Creek | <input type="checkbox"/> Finish at Virginia Museum of Natural History |
| <input type="checkbox"/> Right on Dick & Willie Trail | <input type="checkbox"/> Left on Spur Trail | |



5K Course Route:

1. Start at the YMCA
2. Left onto Mulberry Road
3. Left onto Oakdale Street
4. Left onto Church Street
5. Right onto Moss Street
6. Right onto Main Street
7. Right onto Clay Street
8. Left onto Church Street
9. Right onto Oakdale Street
10. Left onto Mulberry Road
11. Right onto Thomas Heights
12. Right onto Monroe Street
13. Left onto Oakdale Street
14. Turn around at Minor Street
15. Left onto Mulberry Road
16. Right onto Starling Avenue
17. Finish at the YMCA

