



Light Up The Night 5K

Saturday, December 10, 2021 4:00 p.m.
Smith River Sports Complex

When: Saturday, December 11, 2021 race begins at 4:00 p.m.

Where: Smith River Sports Complex

Registration: \$25 to November 29th (with a t-shirt guarantee); \$30 from November 30th-December 9th (no t-shirt guarantee); Race Day \$35.

Includes: Race swag, pre-race festivities, on-course aid station, and post-race drinks

Awards: Overall Male/Female Winners and Male/Female Age Groups (5 year increments beginning at 9 & under)

Packet Pick-up: Friday, Dec. 9, 12-6:00, Martinsville Y & Saturday, Dec. 10, 2:30-3:30 Smith River Sports

Please complete and return with registration fee to either YMCA

First Name _____ Last Name _____

Address _____

Birthdate: _____ Age as of race day _____ Male/Female (please circle)

Phone # _____ E-mail Address _____

T-Shirt Size

No shirt guarantee after November 29

__Youth XS __Youth S __Youth Med __Youth LG
__Adult S __Adult M __Adult LG __Adult XL __Adult XXL

Waiver: In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Light Up The Night 5K Event, and do hereby release, the Family YMCA Inc., all sponsors, workers, officials and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all rules for participation, and acknowledge that the event committee may refuse my entry at its discretion. I further grant permission for the YMCA to use any photographs, motion pictures or other recording of the event for legitimate purposes. I HAVE NOTED ANY MEDICAL CONDITIONS on the reverse side of this form. I verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in the event.

Entry Signature: _____

Date: _____

Parent's Signature: _____

Date: _____

(required of entrants under 18)

Emergency Contact: _____

Phone: _____

Title Sponsors:

